



PLAYDOUGH RECIPES

Here are some wonderful recipes to make your own playdough!

Cornstarch Playdough

Ingredients:

- 1/2 cup Salt
- 1/2 cup Hot Water
- 1/2 cup Cold Water
- 1/2 cup Cornstarch
- Food Coloring (optional)

Directions: Mix salt and hot water and boil in pot. Stir cold water and cornstarch in a separate bowl. Add cornstarch mixture to boiling water and stir. Cook over low heat, stirring until "pie dough consistency." Remove from heat and place dough on board. When cool, knead dough until smooth. For color, knead food coloring into clay (after cooled).

** Notes: Texture will be grainy, hardens in 24-48 hours, dough will be white, will keep for longer if stored in air tight container.

No Cook Playdough

Ingredients:

- 3 cups Flour
- 3 cups Salt
- 3 cups Alum
- Water

Directions: Combine ingredients and slowly add water, a little at a time. Mix well with spoon. As mixture thickens, continue mixing with your hands until it has the feel of clay. If it feels too dry, add more water. If it is too sticky, add equal parts of flour and salt.

Scented Playdough

Ingredients:

- 1 (3 ounce) package of Sugar Free Gelatin
 - Use any flavor you want, as the dough will have that scent when done. You can replace the gelatin with a Kool-Aid packet instead for even more scented varieties!
- 2 cups Flour
- 1 cup Salt
- 4 Tbsp Cream of Tartar
- 2 cups Boiling Water
- 2 Tbsp Cooking Oil

Directions: Mix dry ingredients together in pot; add the boiling water and cooking oil. Stir over medium heat until it forms a ball. Let it cool.

** Notes: You can add cinnamon, ginger, or allspice to make it Ginger Bread Playdough. You can add Coco Powder to make Chocolate scented Playdough. **Adding “scents” does NOT make the playdough edible.** Keep in airtight container in refrigerator when not playing with it.

Microwave Playdough

Ingredients:

- 6 Tbsp Cream of Tartar
- 3 cups plain Flour
- 4 Tbsp Cooking Oil
- 1/2 cup Salt
- 3 cups Water
- Food Coloring or Kool-Aid packet

Directions: Combine all ingredients in microwave proof dish and beat until smooth. Cover with cling wrap and microwave on high for 7 minutes, stirring half way through cooking. If the mixture is still gooey, microwave for another minute. (Since all microwaves are different, be sure to watch the dough while cooking). Cool and store in airtight container in the refrigerator.

Peanut Butter Playdough (EDIBLE!!)

Ingredients:

- 3 1/2 cups peanut butter
- 4 cups powdered sugar
- 3 1/2 cups corn syrup or honey
- 4 cups powdered milk
- Chocolate chips (optional)

Directions: Mix the ingredients. Divide into 15 to 20 portions and refrigerate in plastic bags. After washing their hands, have children mold and shape the dough on waxed paper. Provide chocolate chips to be used as decorations if desired. Play with it and let them eat it!

Note: **Be alerted if any children in your class have peanut allergies. If so, they cannot play with this playdough.

Additional Teacher Resources

- http://www.hasbro.com/playdoh/en_US/
- <http://www2.scholastic.com/browse/article.jsp?id=3748892>